

# RAIN



## FACT SHEET: January to December 2017

### CLIENT SERVICES

#### BUDDY PROGRAM / PASTORAL CARE

CLIENT	SEX			RACE / ETHNICITY				NOTES:
	M	F	T	AA	C	H/L	O	
19	9	10	0	13	6	0	0	

The Buddy Program and Pastoral Care services create a nurturing system for our adult clients seeking intensive or casual social support. Buddy Volunteers commit to a one-on-one relationship at least one hour per week over the phone or in person.

#### MEDICAL CASE MANAGEMENT

CLIENT	SEX			RACE / ETHNICITY				NOTES: ** Of the 157 medical case management clients, 4 identify as Latinx.
	M	F	T	AA	C	H/L	O	
157	111	36	10	138	15	**	4	

Clients depend on their Medical Case Managers to assist with obtaining community resources and maintaining good health. Health care providers also depend on Medical Case Managers to assist the clients with obtaining positive health outcomes and breaking barriers to effective treatment.

# CLIENT SERVICES

## EMPOWERING POSITIVE YOUTH (EPY)

CLIENT	SEX			RACE / ETHNICITY				NOTES: ** Of the 87 Empowering Positive Youth clients, 15 identify as Latinx.
TOTAL	M	F	T	AA	C	H/L	O	
87	64	11	12	59	14	**	4	

The EPY program provides compassionate care to youth living with HIV ages 12 to 24. Led by Peer Navigators, clients receive comprehensive services including peer counseling; referrals to supportive services; medical case management; education on HIV/STI prevention; and disclosure techniques.

## LATINX PROGRAM

CLIENT	SEX			RACE / ETHNICITY				NOTES: All clients identify as Latinx. Of these 52 clients, 17 also identify as Caucasian and 35 as Other.
TOTAL	M	F	T	AA	C	H/L	O	
52	41	10	1			52		

RAIN has a specialized program that works with Latinx, one of the most vulnerable and burdened populations for HIV, ensuring they are properly linked to medical care and continue to access culturally appropriate services without barriers.

## PrEP PROGRAM

CLIENT	SEX			NOTES: This program increased by 45% over 2016. Race / Ethnicity was not tracked for this service in 2017.
TOTAL	M	F	T	
90	82	6	2	

PrEP (Pre-Exposure Prophylaxis) uses medical technologies to reduce the risk of contracting HIV for individuals who are HIV negative. RAIN links clients to a prescribing Physician, assists with obtaining medication, and implements risk reduction techniques for behavior modification.

# CLIENT SERVICES

## PEP PROGRAM

CLIENT	SEX			<i>NOTES:</i> Race / Ethnicity was not tracked because service provided via phone in 2017.
TOTAL	M	F	T	
10	6	3	1	

The PEP (Post-Exposure Prohpylaxix)Program utilizes medical technology to prevent contracting HIV after exposure. RAIN links clients to a PEP prescribing physician and engages clients in HIV prevention education conversations and on-going supportive services to help clients remain HIV negative.

## MENTAL HEALTH

CLIENT	<i>NOTES:</i> The demographic description of individual utilizing on-site mental services mirror that of RAIN's client population overall. One expectation is age since 65% of those accessing mental health services in 2017 were between the ages of 18 and 24.
TOTAL	
41	

The Mental Health program supports clients as they work through struggles not only related to HIV diagnosis, but also anxiety, depression, trauma, and substance abuse. The program offers individual, couples, family and group counseling by a licensed mental health clinician.

## ADULT SUPPORT GROUP

CLIENT	<i>NOTES:</i> The average group size was 13 individuals attending 24 meetings - the support group meets twice a month.
TOTAL	
13	

The Adult Support Group is a co-ed group for individuals 25 and older that are living with HIV, is facilitated by a RAIN staff member and is open to the community. Discussion topics include disclosure, nutrition, legal assistance, medication/medical appointment compliance, HIV education and other chronic illnesses.

# COMMUNITY SERVICES

## AFFORDABLE CARE ACT (ACA) ENROLLMENT

CLIENT	<i>NOTES:</i> This is a 50% increase over the number of individuals served in 2016.
TOTAL	
146	

RAIN's Benefits Specialist assists Ryan White eligible individuals in successfully navigating the Health Insurance Marketplace and private insurance options that meet their unique needs. RAIN also provides financial assistance for premiums and other out-of-pocket costs.

## HIV/AIDS TESTING

CLIENT	<i>NOTES:</i>
TOTAL	
121	

Through our partnership with the Mecklenburg County Health Department, we provided the space so they could test 121 individuals. This partnership has allowed easy access to the uptown population from the business/working individuals to the homeless population.

## AWARENESS, EDUCATION & PREVENTION

CLIENT	<i>NOTES:</i> This includes attendees at AIDS WALK Charlotte, Gay Bingo Charlotte, World AIDS Day Luncheon, community presentations, and classes. This does not include the estimated 4,000+ that came by RAIN's booth at Charlotte Pride.
TOTAL	
4,135	

RAIN provides free programs to educate the community on HIV/STI prevention and promote the ending of HIV stigma. Trainers offer beginning and advanced level HIV education. RAIN also provides informational booths at community events that offers HIV prevention information and about RAIN's programs and services.

# COMMUNITY SERVICES

## VOLUNTEERS: ORIENTATION & TRAINING

<i>CLIENT</i>	<i>NOTES:</i> The focus is to engage the individual with RAIN and the work we do.
<i>TOTAL</i>	
25	

RAIN's Volunteer Orientation informs people about in opportunities to serve in the office, at Special Events, or working directly with clients in our Buddy program (which requires additional training).

## VOLUNTEERS: CLIENT SUPPORT

<i>CLIENT</i>	<i>NOTES:</i> The focus is serving the client, not the person's sex or race/ethnicity.
<i>TOTAL</i>	
44	

Volunteers are always needed to assist with direct client support through our Buddy Program. Clients benefit from the social and practical support provided each week by these groups and individuals.

## VOLUNTEERS: EVENTS & ADMINISTRATIVE SUPPORT

<i>CLIENT</i>	<i>NOTES:</i> Our volunteers assist with fundraising events like AIDS WALK Charlotte, Gay Bingo Charlotte and the White Party - Farewell to Summer. We also have volunteers that help in the office with our front desk, filing, and other administrative functions.
<i>TOTAL</i>	
338	

Volunteers assist in the RAIN office and also with RAIN's fundraising events including AIDS WALK Charlotte, Gay Bingo Charlotte, World AIDS Day Luncheon and the White Party - Farewell to Summer party.

## DISCLAIMER

*M:* Male / *F:* Female / *T:* Transgender  
*AA:* African American / *C:* Caucasian / *H/L:* Hispanic/Latino  
*O:* Other (Asian, American Indian, Pacific Islander)